

Spring Activity Booklet









This page is for you to doodle, scribble or write on! Just have fun!

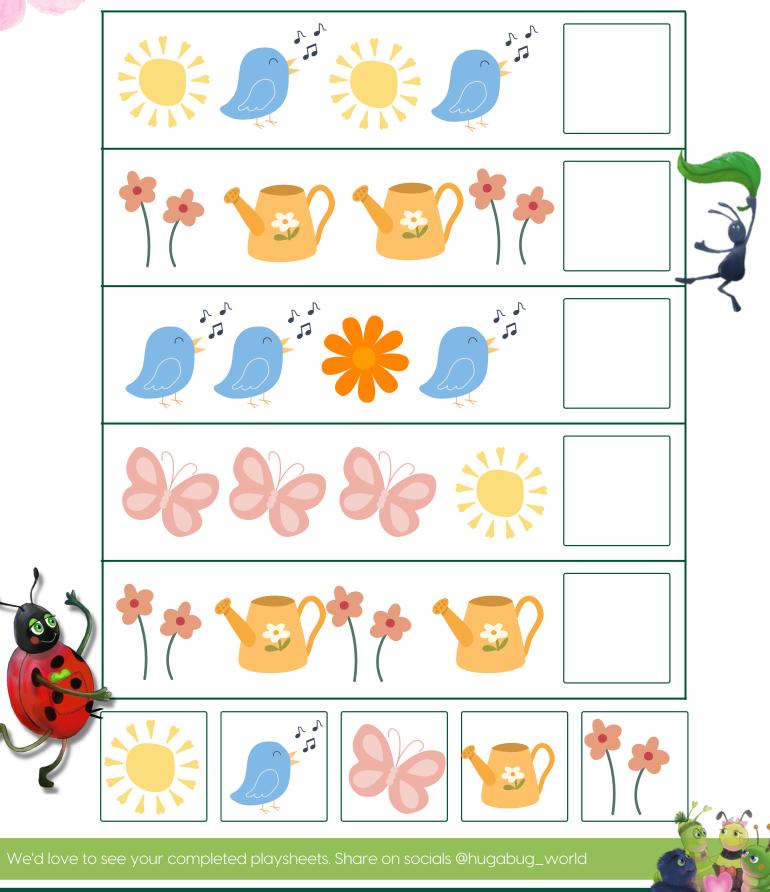


We'd love to see your completed playsheets. Share on socials @hugabug_world

Spring Patterns



Can you complete each pattern. Cut and stick.









© §

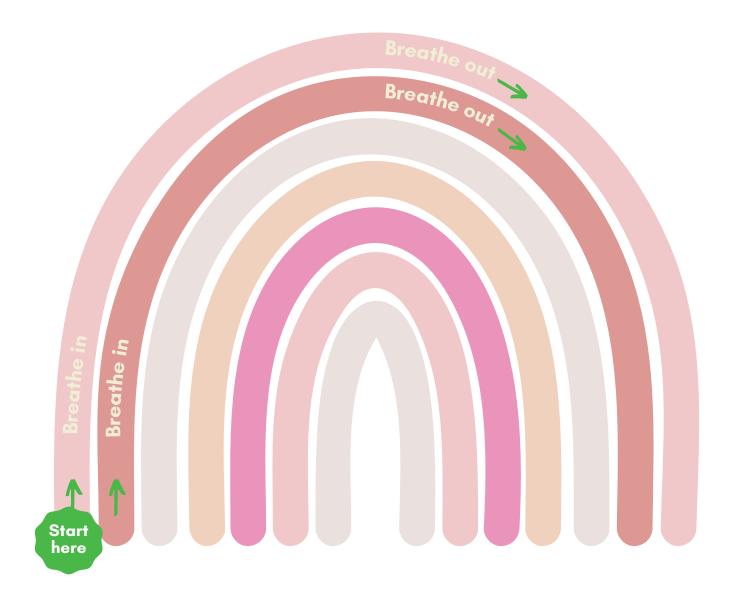
			-	-	-	-	-		-	-		
	R	A	Ι	Ν	В	0	W	E	S	S	С	
	S	Т	Ι	R	A	U	Ι	S	Ο	Р	0	
	E	A	R	E	S	Т	0	U	E	Y	0	
	E	N	E	E	K	U	E	N	F	E	L	
	R	R	Т	Ν	E	G	G	S	A	L	E	
	D	E	0	R	Т	N	G	Н	E	L	R	
	E	A	R	М	С	С	Η	Ι	С	K	E	
	В	Ι	Ι	L	0	U	G	N	0	W	L	
	Μ	Н	L	S	R	D	В	E	E	S	W	
	А	Α	E	E	Y	F	0	Х	R	L	E	
	L	S	E	Α	N	Ι	Р	Ι	L	U	Т	
	lamb			sunshine			eggs					
	🤥 daisy tulip				bees				basKet			
					chicK			rainbow				
										0	Pie	

We'd love to see your completed playsheets. Share on socials @hugabug_world _

Spring Breaths



Place your finger at the bottom of the rainbow, on the left.



As you trace your finger along the rainbow take a deep breath in through your nose, until you reach the middle. When you reach the middle begin to exhale through your mouth, as you trace the rainbow to the end, on the right.

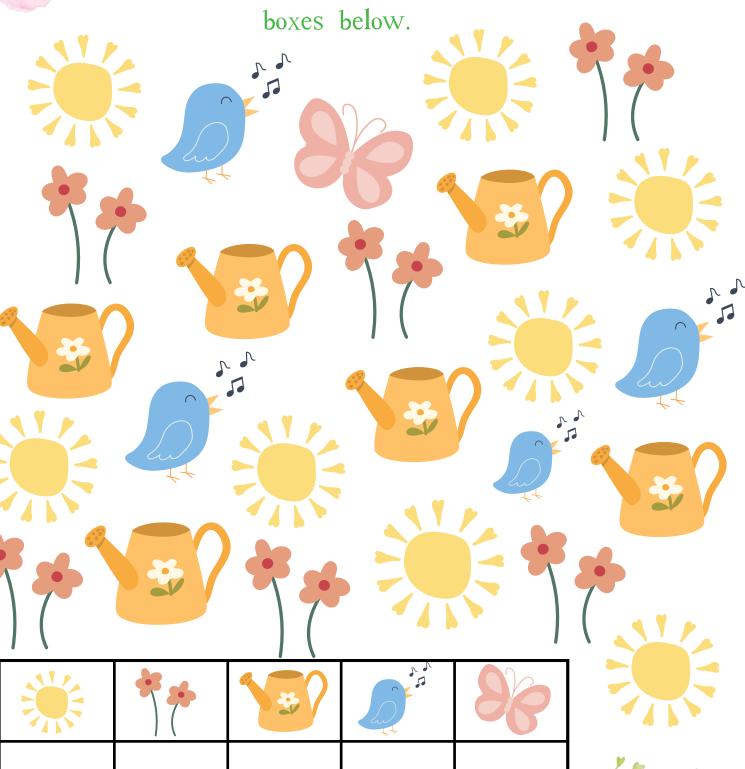
Repeat with every color until you feel calm and grounded.

We'd love to see your completed playsheets. Share on socials @hugabug_world

Counting



Count each item and write them in the



We'd love to see your completed playsheets. Share on socials @hugabug_world

Calm Yourself



with a five finger brain break

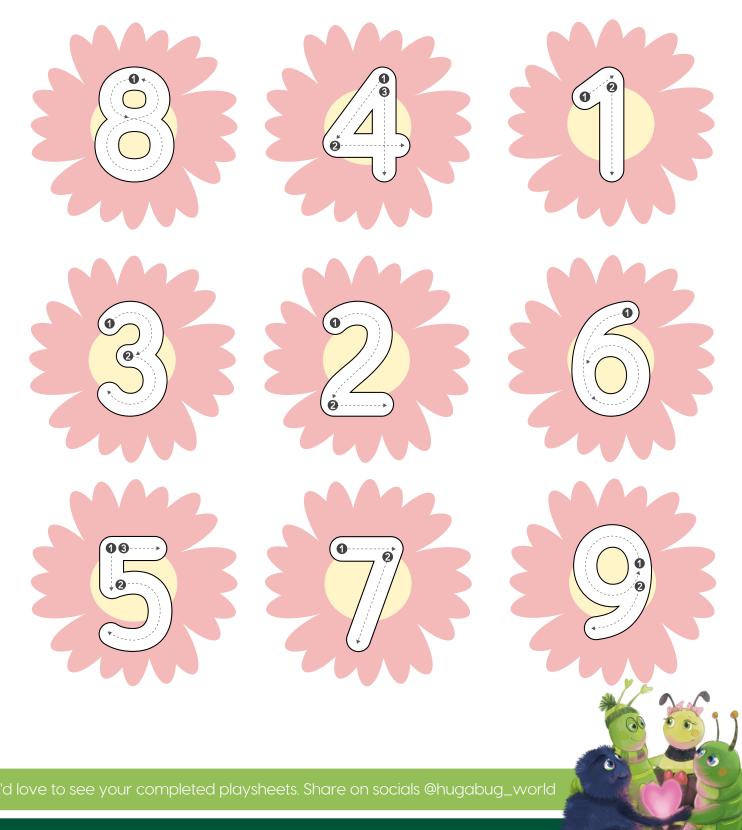
Slowly trace the outside of the hand with the index finger, breathing in when you trace up a finger and breathing out when you trace down. You can also do this breathing exercise using your own hand.



Numbers



Can you trace each number and say it out loud as you do?





Scavenger Hunt

With an adult, go for a walk and see if you spot the items below







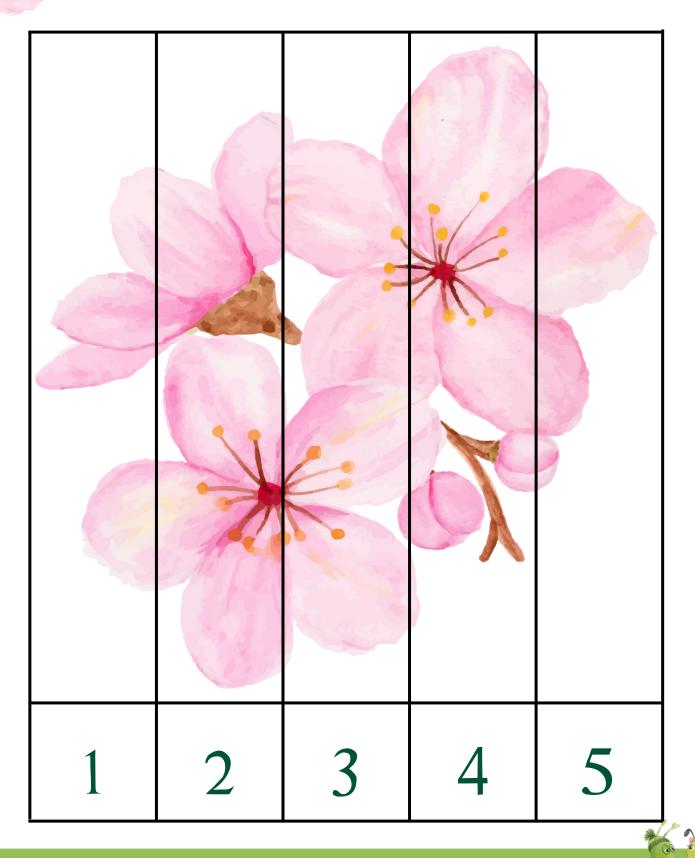
Continue on from the letters with a word of sentence to create a poem.

S		
P		
R		
I		
N		
G		
		0





Cut and stick to create your own puzzle



We'd love to see your completed playsheets. Share on socials @hugabug_world





Can you complete the maze and get Lily Ladybird to her bed of leaves.?

Spot The Difference



Can you find the 6 differences?







We'd love to see your completed playsheets. Share on socials @hugabug_world

Design a Bug!



Design your own bug! Will it have wings? How many legs will it have? What will you name it? Send it to @hugabug_world to have it featured!



We'd love to see your completed playsheets. Share on socials @hugabug_world



Use Code HAF10 for 10% off! <



