



Sending you this little gift
to show how much I care
Here's a little hug for
you for while I can't
be there.

x

Mess Factor

8/10

You will need:

Card
Paint
String or ribbon
Scissors
Pens
Tape
Glue

The Benefits:

This DIY card allows children the opportunity to strengthen those important relationships and fulfil an element of self esteem when the card is finished and they feel pride with their creation. Having a grandparent active in a relationship with your child can provide a big, positive impact on the child's healthy development.

Sedric Says

Can you have a go at writing your own name in this special card?



Mail-a-Hug

This Valentine's, why not send a hug in the post to someone that you love but don't see very often!

Step one:

Time to get messy! Wear an apron for this bit! Use paint on your child's hands and press down on some card to make handprints. When dry, cut around the handprints.



Step two:

Measure your child's 'hug' by asking them to reach out as far as they can like an aeroplane. Cut some string or ribbon to this measurement.

Step three:

Cut out a love heart and write a message inside. You can use this poem if you like.. "Sending you this little gift, to show how much I care. Here's a little hug for you for while I can't be there."

Step four:

Now let's put it all together. Tape the ribbon ends to the back of each handprint. There you have your 'hug'. Place the centre of the ribbon into a folded piece of card and secure it with the cut out message using glue.

Step five:

Have fun decorating the front of the card and writing your name!